



# SAINT ELIAS

## ANTIOCHIAN ORTHODOX CHURCH

408 E. 11<sup>TH</sup> STREET • AUSTIN, TX 78701

(512) 476-2314

[www.sainteliaschurch.org](http://www.sainteliaschurch.org)

VERY REVEREND FATHER DAVID G. BARR, PASTOR  
REVEREND FATHER DAVID LEWIS, ASSISTANT PASTOR  
VERY REVEREND FATHER TRAIAN BUICAN  
REVEREND DEACON NIKETAS SANDERS  
SUBDEACON JOHN SEABOLT-DOTY

SUNDAY, MARCH 8, 2009

FIRST SUNDAY OF LENT KNOWN AS THE SUNDAY OF ORTHODOXY  
Theophylaktos, bishop of Nicomedia; Apostle Hermas of the Seventy.

Tone 5

Eothinon 5

*WELCOME...to all our visitors worshipping with us!*

Please be sure to fill out a Visitor's Card and drop it in the collection plate (or give it to a greeter). And we would like you to be our guest downstairs in the Fellowship Hall for coffee and refreshments after the service is over this morning. We look forward to meeting you and welcoming you personally to Saint Elias. *We're glad you're here!*

**Parish Office Hours:**

Tuesday–Friday

10:00 AM–3:00 PM

Church Office email:

[stelias\\_austin@sbcglobal.net](mailto:stelias_austin@sbcglobal.net)

Bulletin Deadline:

Thursday at 10:00 AM

Fr. David Barr's email:

[frdavidbarr@sbcglobal.net](mailto:frdavidbarr@sbcglobal.net)

Fr. Dave Lewis' email:

[frdavelewis@sbcglobal.net](mailto:frdavelewis@sbcglobal.net)

**Check out [www.sainteliaschurch.org](http://www.sainteliaschurch.org) for information!**

Our web page has updated messages and calendars as well as downloadable versions of current and past Sunday bulletins. Check it out!

**Sacraments: Baptism, Matrimony, Adult Initiation**

Contact the Church Office and set up an appointment with the Pastor to discuss the arrangements for these sacraments.

**Become a Member of St. Elias**

We would love to have you be a part of our community! Please talk to the Pastor or call the Church Office to get an information packet on becoming a member of the parish.

**Pastoral Care of the Sick**

Please call the Parish Office with names of the sick and hospitalized of the parish so they can receive proper pastoral care.

**Times for Confession:**

Confessions are heard on Sunday mornings at least 15 minutes prior to the Sunday morning Divine Liturgies, before or after Vespers on Wednesday evenings, on Saturday evenings following Great Vespers and by appointment.

# THE DIVINE LITURGY OF ST. BASIL THE GREAT

## *8:30 AM Liturgy: Congregational Singing*

*We will be using the tan covered Congregational Liturgy books found in the pews this morning for the 8:30 AM Divine Liturgy. Check the Early Liturgy supplement for music for the Troparia of the day.*

## *10:30 AM Liturgy: St. Elias Choir*

*The Divine Liturgy begins in the red Service Book on page 91 or use one of the new white Visitor's Liturgy books which has the prayers for St. Basil's Liturgy. When we reach the point in the service for Antiphons and hymns, the ones for today's service are listed below and on the next page.*

## **1st Antiphon — page 94**

*The Lord is King, He is clothed with majesty.*

*Through the intercessions of the Theotokos, O Saviour, save us.  
For He established the world which shall not be shaken.*

*Through the intercessions of the Theotokos, O Saviour, save us.  
Who shall tell of the mighty acts of the Lord? Who shall make all His praises to be heard?*

*Through the intercessions of the Theotokos, O Saviour, save us.  
So let them say that have been redeemed by the Lord, whom He hath redeemed from the hand of the enemy.*

*Through the intercessions of the Theotokos, O Saviour, save us.  
Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto ages of ages. Amen.*

*Through the intercessions of the Theotokos, O Saviour, save us.*

## **2nd Antiphon — page 95**

*Let them give thanks unto the Lord for His mercies, and for His wondrous works for the sons of men.*

*O Son of God who art risen from the dead, save us who sing to Thee: Alleluia!  
Let them exalt Him in the assembly of the people, and in the seat of the elders let them praise Him.*

*O Son of God who art risen from the dead, save us who sing to Thee: Alleluia!  
The eyes of the Lord are upon them that fear Him, upon them that hope in His mercy.*

*O Son of God who art risen from the dead, save us who sing to Thee: Alleluia!  
To hear the groaning of them that be in fetters, to loose the sons of the slain.*

*O Son of God who art risen from the dead, save us who sing to Thee: Alleluia!*

*Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto ages of ages. Amen.*

and “Only-begotten Son...” — page 95

3rd Antiphon — page 96:

*Let the heavens and earth praise Him.*

We venerate Thy holy icon, loving Lord, asking Thee to pardon our transgressions, Christ our God. For Thou of Thine own will wast pleased in the flesh to ascend upon the Cross, so to deliver from the bondage of the enemy those whom Thou hast fashioned. Therefore in thanksgiving we cry aloud to Thee: "Thou hast filled all things with joy, our Savior, when Thou hast come to save the world".

*This is the day which the Lord hath made; let us rejoice and be glad therein.*

We venerate Thy holy icon, loving Lord....

*I will confess Thee among the peoples, O Lord.*

We venerate Thy holy icon, loving Lord....

The Daily Hymns — page 98:

Troparion of the Resurrection (Tone 5) — see music

Let us the faithful praise and worship the Word, co-eternal with the Father and the Spirit, born of a Virgin for our salvation; for he took pleasure in ascending the Cross in the flesh, to endure death, and to raise the dead by his glorious resurrection.

Troparion of the 1<sup>st</sup> Sunday of Lent (Tone 2)

We venerate Thy holy icon, loving Lord, asking Thee to pardon our transgressions, Christ our God. For Thou of Thine own will wast pleased in the flesh to ascend upon the Cross, so to deliver from the bondage of the enemy those whom Thou hast fashioned. Therefore in thanksgiving we cry aloud to Thee: "Thou hast filled all things with joy, our Savior, when Thou hast come to save the world".

Troparion of the Prophet Elias (Tone 4)

O angelic of body, pillar of the Prophets and their cornerstone, the forerunner of the Second Coming of Christ, the venerable and glorious Elias, thou didst send grace from on high to Elisha to dispel sicknesses and to purify lepers. Wherefore, he ever overfloweth with healing to those who honor him.

Kontakion for Great Lent (Tone 8):

To thee the Champion Leader do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without bridegroom.

### The Prokeimenon in Tone 4 (Song of the Three Children):

Blessed art Thou, O Lord God of our Fathers and praised and glorified is Thy Name forever!

For Thou art just in all that Thou hast done for us!

### The Reading is from the Epistle of the Holy Apostle Paul to the Hebrews (11:24-26,32-40)

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin.

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets—who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated, of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth.

And in all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

### Alleluia Verses in Tone 8 (from Psalms 99:6; 34:17)

Moses and Aaron among His priests, and Samuel among them that call upon His Name.

They called upon the Lord, and He hearkened unto them.

### The Holy Gospel — St. John 1:43-51

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

The Sermon: Father David Barr

## *Today's Commemorations*

*Holy Bread is offered today* by Khouria Luanne Barr in honor of her mother Barbara Dunaway, on the occasion of her birthday.

*Holy Bread is offered today* by Marsha Attal.

*Prayers are requested* by Victoria Deyeaux, for the repose of her beloved aunt Shanette, and for Shanette's husband Walter.

*Prayers are requested* by Erick Knowles for the repose of his father, Donald Knowles.

*At the Divine Liturgy during the Great Entrance, we normally commemorate only Orthodox Christians by name among the living and departed since this is the Church praying for the Church. Non-Orthodox are remembered liturgically in prayers at Vespers and other intercessory services of the Church.*

*The Prayers for the Anaphora for the Liturgy of St. Basil...*

*...will be found on page 134 and following in the red Service Book or in the Visitor's Liturgy Book in the pews (or the tan congregational singing booklets).*

Instead of "It is truly meet..."

In thee rejoiceth, O full of grace... (p. 139)

## **On Receiving Holy Communion in the Orthodox Church:**

Only Orthodox Christians who are prepared through prayer, fasting, and a recent sacramental confession should approach the Chalice for the Eucharist. The Orthodox Church does not practice "open communion" and has no intercommunion with other churches (non-Orthodox). If you have any questions concerning this, please talk to one of the priests before taking communion.

### *And Remember...*

...to receive Holy Communion, one should be present at the Divine Liturgy no later than the time for the Epistle and Gospel readings. We must feed our minds and our hearts as part of the Orthodox Christian life.

## **Procession with Icons on the Sunday of Orthodoxy**

*After the Prayer behind the Ambon, the children, holding their icons, will join the clergy for the procession with the Icons on the Sunday of Orthodoxy.*

*The Service of the Procession is too long to include here.*

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## **ANNOUNCEMENTS FOR SUNDAY, MARCH 8**

### **March is Ladies Month at St. Elias**

During the month of March, the ladies will read the epistle readings and serve as ushers and greeters. Thanks to the women of our parish who are active in ministry throughout the year! Today's Epistle is read by Janet Bennett at the 8:30 Liturgy and by Ranya Sayegh at the 10:30 Liturgy.

### *Our Greeters this morning are...*

...Barbara Kounelias at 8:30 AM and Kh. Luanne Barr at 10:30 AM. Thanks for performing this vital ministry in the church.

### *Please Join us for Coffee Hour...*

...in the Church Hall after the Liturgy. Today's refreshments are provided by those with last names beginning with A-C.

## *Seminarian Scholarship Sunday*

On the Sunday of Orthodoxy, we take our annual collection for the seminarians of our Archdiocese, providing them scholarships for their preparation to serve the church. *Please be generous!*

## Lenten Services This Week:

### Wednesday at 6:30 PM — Presanctified Liturgy

Every Wednesday evening during Great Lent we celebrate the Presanctified Liturgy. These Liturgies will begin at 6:30 PM this year and as usual, we will have a Lenten pot luck dinner after each service. Be sure to bring plenty of food with you to share for the Lenten pot luck following.

### Friday at 7:00 PM — Akathist (Madayeh)

During the first five weeks of Great Lent, we will have the Akathist Service (Madayeh) – Supplications to the Theotokos) on Friday nights at 7:00 PM.

## How Will You Keep the Lenten Fast?

Read the pamphlet on the table in the Narthex which offers you the guidelines for fasting. If you have questions about the fast, or find it difficult to keep, talk to Fr. David. He will help you come up with something that keeps the spirit of the fast and will “work for you”. Remember, the Lenten Fast is an important part of Orthodox spirituality—and should be a part of your Great Lent!

## Food at Lenten Coffee Hour & Lenten Pot Luck Dinners

During the Great Fast, all food offered at the Church must meet Orthodox fasting regulations. That means no meat, fish, or dairy in foods on any day of the week and no oil or wine at Wednesday Pot Lucks. We want to be sure that whatever we serve at the Church during Great Lent doesn't scandalize anyone or cause any confusion in our community (*see Rom. 13:11-14:14*). Thanks for your help.

## Great Lent 2009 Schedules Available

Pick up a Schedule for Great Lent 2009 from the table in the Narthex this morning so that you can plan to fully participate in the liturgical life of the Church during the holy season of Great Lent.

## KEEPING GREAT LENT:

### 2009 Alms Boxes

This year, we will have both the Food for Hungry People and the Orthodox Christian Missions Center Alms Boxes for Great Lent. Take one or both and fill with your Lenten alms to help do the work of the Church throughout the world. The OCMC Alms boxes are a great aid in helping spread the good news in Africa and other places throughout the world.

### Confessions as a part of Great Lent

**Every member of St. Elias is expected to participate in the sacrament of Confession at least once during the Great Fast.** Confession is the beginning of repentance, and repentance is the lifestyle we embrace as Orthodox Christians. Please let the parish priest (Fr. David) know if you have a confessor outside of the parish. *You should go to Confession during Lent if you plan to receive Holy Unction on Holy Wednesday and Holy Communion at Pascha.*

## Great Lent Fasting Guide!

There is a Guide to Fasting and Abstinence in the Orthodox Church in the pamphlet rack in the Narthex of the Church. This is an aid for you in your preparation for the Great Fast. If you have any questions on fasting or how to keep the fast in your home, please talk to Father David.

## Sack lunch project

Sponsored by the Fellowship of St. John the Divine

Donations are needed to re-furbish our supply of sack lunches for the homeless. Here's what we need: Brown paper bags, Non-perishable snacks such as: Granola bars, energy bars, Vienna sausage or other canned meat, fruit cups, small bottled and canned juice/juice boxes (cans must not require can opener). Please bring your items and place them in the social hall with a note attached that they are for this project. Many of these items can be purchased in large quantities at very low prices at Wal-Mart, Sam's or Costco. We'd like to get the donations in this month and set up a date for assembly as soon as we can.

## 2008-09 Inquirer's & Catechism Classes

Each fall and winter, St. Elias holds a series of Inquirer's Classes twice a month on Saturday afternoons in the Parish Library at 4:30 PM. These classes are for those interested in learning more about the Orthodox Church and are designed to introduce people to the basic beliefs of the Orthodox Faith. There will be 12 sessions to the class. We hope to have catechumens ready to enter the church by Holy Saturday.

<u>Session</u>	<u>Date*</u>	<u>Topic**</u>
11	3/14	Prayer and Spirituality
12	3/28	Confession and Entering the Church

*\*Dates are subject to change. \*\*Topics may be adjusted as needed for the specific class.*

This class would also be great for anyone (teens, young adults, adults, etc.) who would like to learn more about the Orthodox Church and its beliefs.

## Are You Interested in Becoming Orthodox?

If you are interested in becoming a member of the Orthodox Church either through baptism or chrismation, please talk to Father David in the next few weeks. He would like to begin enrolling people as catechumens in the Church by next month. If you aren't ready to make a decision now, that's OK, we can enroll catechumens at any time during the year. We have started the Inquirer's Classes for those interested in joining the Orthodox Church.

## Become a Sponsor!

We have large group of catechumens here at St. Elias, and will be in need of sponsors for them to come into the Church. Would you be willing to be a sponsor for someone coming into the Church? Talk to Father David or Father Dave if you are interested in sponsoring someone into the church. It is at this point in the process that it is best to find sponsors.

## 49<sup>th</sup> Antiochian Archdiocesan Convention

For information about the 2009 Archdiocese Convention in Palm Desert, California, July 19-26, visit [www.archdioceseconvention2009.org](http://www.archdioceseconvention2009.org).

# 2009 Stewardship Appeal

*Orthodox Christian Stewardship:  
Strengthening our relationship with God.*

## SAINT ELIAS

ANTIOCHIAN ORTHODOX CHURCH  
408 E. 11<sup>TH</sup> STREET · AUSTIN, TX 78701  
PHONE: (512) 476-2314



By now, our members should have received a 2009 stewardship appeal package from St. Elias Orthodox Church. This is the time of year that we make our commitments to Christ and His Holy Church for the coming year. Our weekly offering to God is first and foremost an offering of love. **One can give without loving but one cannot love without giving. Christian giving asks us to put God first and to let our giving be an expression of God's importance in our lives.** We give, not because the church has a budget, but because our love for God needs to be expressed. Please be generous in your giving, knowing that our giving truly reflects our love for God and His Church.

### *Didn't Get a Stewardship Packet?*

If you didn't get a Stewardship Packet, we want to apologize to you and get one to you this week. Call the church office at 476-2314, or send us an e-mail and we will send you one.

### Camp St. Raphael Applications Available

The Camp St. Raphael Applications were due last week. Session One is full, but it is still possible to apply for Session Two. Fr. Dave will be one of the priests at Session Two, and we will be renting a van to travel to this session. Make your plans now! **Applications are available online at [www.campstaphael.org](http://www.campstaphael.org)** Please, if you want to go to camp, tell Fr. Dave so we can be organized and get everybody there who wants to go!

# News from our Parish Organizations:

## Church School

Please see Barbara Kounelias for more information about Church School.

## Teen SOYO

Please see SOYO President Nicholas Oldziej for more information about the Youth at St. Elias.

## OCF

Our next meeting will be Monday night, March 9, 6:00pm at the UT Episcopal Student Center.

## Orthodox Young Adults (OYA)

OYA is considering the possibility of establishing a Metropolitan Committee for International Orthodox Christian Charities (IOCC). This is a way to put local effort behind an international organization with an amazing record of service to people in need all over the world. If you are interested in helping out, please contact Fr. Dave. See information about IOCC and Metropolitan Committees on the following page.

## Parish Council

The next Parish Council Meeting will be on Tuesday, March 24 at 7:00 P.M.

## Ladies Guild

For more information see Ladies Guild President Martha Dent.

## AMEN (*Antiochian Men Eating at Noon [or 1:00 PM]*)

The men of the parish are invited to a no-host lunch on **Tuesday, April 7, at 1:00 PM** at Central Market on Lamar. We have lunch and a great time of fellowship. If you have any questions or suggestions, give Fr. David a call.

## Choir

The Choir rehearses at 7:00 PM on Wednesday evenings. The Choir is always looking for new members. If you are interested in singing in the choir, talk to Director Bill Attal.

## Fellowship of St. John the Divine (Adult Fellowship)

See the notice about Sack Lunch preparation. For more information on the Adult Fellowship activities, see Fellowship President Sara Cook.



## Mission and Focus

### **MISSION**

IOCC, in the spirit of Christ's love, offers emergency relief and development programs to those in need worldwide, without discrimination, and strengthens the capacity of the Orthodox Church to so respond.

### **VISION**

We envision that, by God's grace, IOCC will respond, without discrimination, to those who are suffering and in need, to enable them to continue to improve their own lives and communities and to have means to live with dignity, respect and hope.

### **COMMITMENT & CONTEXT**

IOCC, an agency of the Standing Conference of Canonical Orthodox Bishops in the Americas (SCOBA), represents Orthodox Christians in North America and understands its work to include developing in Orthodox Christians a commitment to philanthropy and global cooperative involvement in the work of the Orthodox Church.

## IOCC Metropolitan Committees

IOCC Metropolitan Committees are groups of volunteers that support the humanitarian mission of IOCC through awareness- and fund-raising activities throughout the year. Metropolitan Committees are active in many major metropolitan areas of the United States.

Metropolitan Committees play a key role in advancing the work of IOCC through pan-Orthodox banquets, concerts, sporting events and lectures. They also help raise awareness of IOCC among Orthodox Christians and the general public through media events and other forms of publicity.

Some Metropolitan Committees have been in existence since IOCC was founded (1992), while others have begun more recently. All of them provide a way that people committed to IOCC can volunteer and make a difference in the lives of people in need.

Metropolitan Committees bring together Orthodox Christians of all ethnic and jurisdictional backgrounds in support of a common cause – responding to the call of Christ to minister to people in need wherever they are.

Metropolitan Committees are not IOCC chapters, but rather voluntary groups of IOCC supporters in major cities across the United States.

For more information about IOCC, go to [www.iocc.org](http://www.iocc.org)

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Diocese of Wichita and Mid-America

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# PARISH LIFE CONFERENCE

June 10-13, 2009

St. Mary Orthodox Christian Church

Wichita, Kansas

Worship, Fellowship, Friends & Family

## *Keynote Speaker*

His Eminence Metropolitan SABA, Archbishop of Bosra-Hauran, will discuss The Hauran Connection: A Sister Diocese Program between the Archdiocese of Bosra-Hauran and the Diocese of Wichita and Mid-America.

NOTICE! The 2009 Parish Life Conference Registration Form has a new look! There is one great price for all registrations postmarked by May 22. We strongly encourage you to pre-register. For the past 2 years, over a third of the conference attendees have registered at the door. Precise attendance numbers are necessary because the meal count is not flexible and your hosts cannot guarantee meals that are not pre-registered.

**For Reservations Call 800-247-4458:**

**Ask for the Group/Convention Code: DOW**

**[www.wichitaairport.hilton.com](http://www.wichitaairport.hilton.com)**

**Additional Information is available on the PLC website at [www.DOWAMAPLC.org](http://www.DOWAMAPLC.org)**

## *This Week at St. Elias*

Wednesday, March 11	6:30 PM — Presanctified Liturgy followed by Lenten Pot Luck
Friday, March 13	7:00 PM — Akathist to the Theotokos
Saturday, March 14	6:00 PM — All Night Vigil and Confessions
Sunday, March 15	<b><u>Sunday of St. Gregory Palamas</u></b> 8:30 AM — Divine Liturgy 9:45 AM — Church School 10:30 AM — Divine Liturgy 11:45 AM — Church School